



**“2011 Best of the West”
WEST REGION TOURNAMENT”
A TEAMTN AAU Wrestling Tournament**



**Hosted by Mt. Juliet Bear Club Wrestling
@ Wilson Central High School**

419 Wildcat Drive Lebanon, TN 37090

Event Schedule is as follows:

All times are Central Standard Time

Saturday:

Weigh-ins: All wrestlers must show AAU card at weigh in time.

AM Session Tots and Middle School: 7:00 – 8:00 AM Wrestle at 9:00AM

Bantam and Juniors: 11:00 – 12:00 Wrestle at 1:00PM

Midget and High School Division: 3:00 – 4:00 Wrestle at 5:00PM

• **Tournament Information for Kids of the following ages:**

- **Tot** 2005/after **Bantam** 2003/2004
- **Midget** 2001/2002 **Junior** 1999/2000
- **Middle School** 1996/1997/1998 *no 9th graders
- **High School**

Weight Classes:

High School:

103,112,119,125,130,135,140,145,152,160,171, 189, 215, 275

Middle School: 70,75,80,85,90,95,100,105,112,119,125,130,135,140,145,152,160,
171,189,215,HWT

Junior: 55,60,65,70,75,80,85,90,95,100,108,119,132,148, HWT

Midget: 50,55,60,65,70,75,80,85,92,100,112,HWT

Bantam: 40,45,50,55,60,65,70,85, HWT

Tot: 35,40,45,50,HWT

*weigh-ins will be done in singlets with a one-pound allowance only

Wrestlers not making registered weight must pay an additional \$10 for a bump up bracket change.

E-mail Entries:

By WED. MARCH 2nd at midnight

Register online @ www.tnyouthwrestling.com

Include: Name, Ranking (1-5), DOB, Weight class, AAU Membership #,

Medals:

1st through 4th place finishers in each division.

Registration Cost:

\$10.00 plus current AAU membership card is required.

Late Registration:

\$20.00 (for all wrestlers who do not pre-register by midnight on Wednesday, March 2nd)

Admission:

\$ 6.00 Adults and \$ 3.00 Students

Coaches Entry:

Current AAU membership card is required to be on the floor coaching an athlete. NO EXCEPTIONS WILL BE MADE.

Note-Please email your complete coaches list to mwilliams214@comcast.net by 9am Friday, March 4th. This is very important, only the coaches on this list will be allowed to receive a coaches pass.*

1 coach per 5 wrestlers not to exceed 8 coaches

This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

**FOR ADDITIONAL INFORMATION CONTACT:
Tournament Director: Michelle Williams @ (615) 582-1625
Assistant Director: Jeff Williams @ (615) 481-4502
Email: mwilliams214@comcast.net**